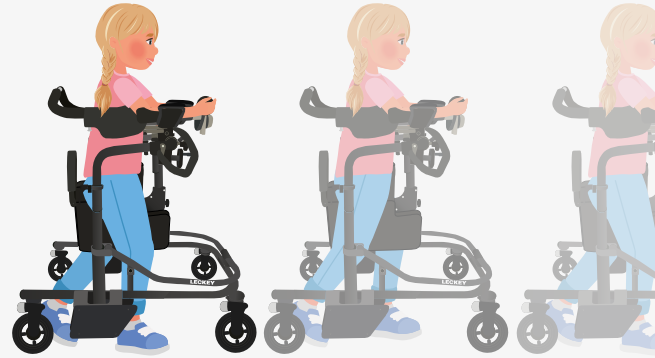


# Walking Skills Assessment

## 1 Strength

skill

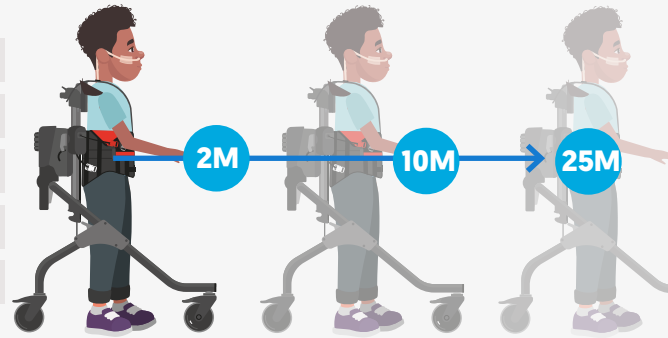
	✓	Date
1. Actively maintains standing position in the walking frame for 5 seconds.	<input type="checkbox"/>	/ /
2. Actively maintains standing position in the walking frame for 10 seconds.	<input type="checkbox"/>	/ /
3. Performs 5 steps with active weight bearing.	<input type="checkbox"/>	/ /
4. Performs 10 steps with active weight bearing.	<input type="checkbox"/>	/ /
5. Performs 25 steps with active weight bearing.	<input type="checkbox"/>	/ /



## 2 Distance

skill

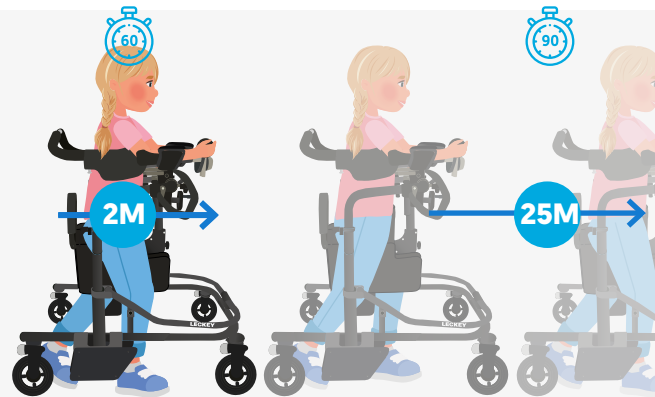
	✓	Date
1. Initiates stepping movement.	<input type="checkbox"/>	/ /
2. Walks 2 metres with assistance.	<input type="checkbox"/>	/ /
3. Walks 2 metres independently (without assistance).	<input type="checkbox"/>	/ /
4. Walks 10 metres independently.	<input type="checkbox"/>	/ /
5. Walks 25 metres independently.	<input type="checkbox"/>	/ /



## 3 Velocity

skill

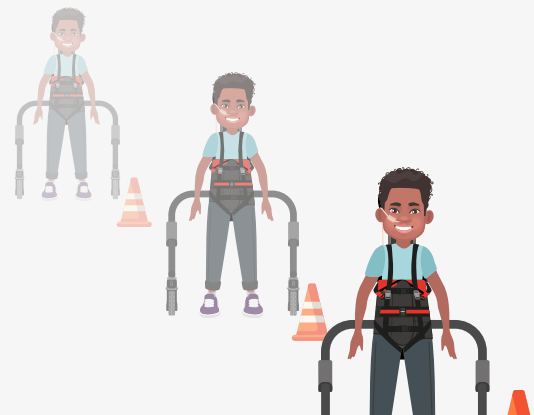
	✓	Date
1. Walks 2 metres with assistance within 60 seconds.	<input type="checkbox"/>	/ /
2. Walks 2 metres independently within 60 seconds.	<input type="checkbox"/>	/ /
3. Walks 10 metres independently within 60 seconds.	<input type="checkbox"/>	/ /
4. Walks 10 metres independently within 30 seconds.	<input type="checkbox"/>	/ /
5. Walks 25 metres independently within 90 seconds.	<input type="checkbox"/>	/ /



## 4 Manoeuvrability

skill

	✓	Date
1. Navigates 10 metres along a corridor (with wheels fixed).	<input type="checkbox"/>	/ /
2. Turns the walking frame and feet 90° to the left and 90° to the right.	<input type="checkbox"/>	/ /
3. Manoeuvres the walking frame 1 metre sideways to the left and to the right.	<input type="checkbox"/>	/ /
4. Navigates 10 metres along a corridor (with wheels free).	<input type="checkbox"/>	/ /
5. Navigates in and out of four cones placed in a straight line at 2-metre intervals.	<input type="checkbox"/>	/ /



# Walking Skills Assessment

## 1 Strength

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Actively maintains standing position in the walking frame for 5 seconds.	Encourage active standing with toys placed high	Active standing includes feet flat on ground (or as flat as they will go), knees as straight as they will go and weight bearing through legs for 5 seconds
2	Actively maintains standing position in the walking frame for 10 seconds.	Encourage active standing by reaching or swiping for bubbles	Active standing includes feet flat on ground (or as flat as they will go), knees as straight as they will go and weight bearing through legs for 10 seconds
3	Performs 5 steps with active weight bearing.	Encourage stepping initiation by using prone angle	Active stepping includes foot flat on ground (or as flat as it will go), knee as straight as it will go on the leg that is weight bearing and bending of the opposite hip and knee to lift off the ground for 5 steps
4	Performs 10 steps with active weight bearing.	Encourage movement by walking towards a friend	Active stepping includes foot flat on ground (or as flat as it will go), knee as straight as it will go on the leg that is weight bearing and bending of the opposite hip and knee to lift off the ground for 10 steps
5	Performs 25 steps with active weight bearing.	Encourage movement by having an enticing object further away just in front of either foot	Active stepping includes foot flat on ground (or as flat as it will go), knee as straight as it will go on the leg that is weight bearing and bending of the opposite hip and knee to lift off the ground for 25 steps

## 2 Distance

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Initiates stepping movement.	No equipment needed	Initiate stepping to self-propel forwards
2	Walks 2 metres with assistance.	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping but with assistance to propel frame)
3	Walks 2 metres independently (without assistance).	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
4	Walks 10 metres independently.	Two 1m parallel lines marked on the floor 10m apart	Walk across the line 10m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
5	Walks 25 metres independently.	Two 1m parallel lines marked on the floor 25m apart	Walk across the line 25m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)

## 3 Velocity

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Walks 2 metres with assistance within 60 seconds.	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping but with assistance to propel frame)
2	Walks 2 metres independently within 60 seconds.	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
3	Walks 10 metres independently within 60 seconds.	Two 1m parallel lines marked on the floor 10m apart	Walk across the line 10m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
4	Walks 10 metres independently within 30 seconds.	Two 1m parallel lines marked on the floor 10m apart	Walk across the line 10m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
5	Walks 25 metres independently within 90 seconds.	Two 1m parallel lines marked on the floor 25m apart	Walk across the line 25m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)

## 4 Manoeuvrability

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Navigates 10 metres along a corridor (with wheels fixed).	Corridor of approx. 120cm wide (record width for future comparison). Two lines marked on the floor 10m apart	Step along corridor for 10m without hitting walls until front wheels are over finish line
2	Turns the walking frame and feet 90° to the left and 90° to the right.	No equipment needed	Turn MyWay and feet 90° to the left and 90 degrees to the right
3	Manoeuvres the walking frame 1 metre sideways to the left and to the right.	Two 1.5m parallel lines marked on the floor 1m apart	Side step by 1m to left until left front and rear wheels (for stepping left) and side step 1m to right until right front and rear wheels (for stepping right) cross the line
4	Navigates 10 metres along a corridor (with wheels free).	Corridor of approx. 1.2m wide (record width for future comparison). Two lines marked on the floor 10m apart	Step along corridor for 10m without hitting walls until front wheels are over finish line
5	Navigates in and out of four cones placed in a straight line at 2-metre intervals.	Spacious area or gym. Four cones placed 2m apart. Starting line 2m before 1st cones and finish line 2m after last cone	Weave in and out of each cone, without hitting the cones, until front wheels cross the finish line